

SPRING SERIES MARCH 19-APRIL 23

GARDENING AND COOKING IN A MEDITERRANEAN CLIMATE

When one thinks of the Mediterranean, visions of beautiful gardens and azure skies may be the immediate reaction, but the thought of delicious cuisines involving olives, citrus, rosemary and nuts also make the mouth begin to water.

In the second series of this popular course, participants will not only learn about the culture of many food plants native to the Mediterranean, but half of each class will be spent with a master chef who will teach you how to utilize that food plant in your own kitchen!

The Arboretum and Jill Vig, class instructor, welcome Stephen Mary, chef at the Ritz-Carlton Hotel in Pasadena, and formerly of Parkway Grill, as we debut a new way to learn about and cook with wonderful fresh foods.

The gardening part of the class will continue to focus on the delights of gardening in a Mediterranean environment, looking at the classic elements one finds in these regions of the world.

Series Overview

The first hour of each course will be dedicated to a particular plant, plant family, or theme common to Mediterranean climates. During the second hour Stephen Mary will demonstrate delicious cuisine using the same plants, and of course provide many samples and recipes.

The Tuesday classes will be held at The Arboretum from 10 am-noon.

Course Schedule:

March 19 : Delicious Citrus

March 26 : Rosemary—
Savory and Sweet

April 2: Olives, Olives, Olives!

April 9: Gorgeous Garlic

April 16 : Herbs from the
Garden

April 23 A Feast of Roses

The cost is \$80 for members
and \$95 for non-members.

(This is a series-only
course; unfortunately we
cannot accommodate single-
class sign-ups.)

About the Instructors

Jill Vig, curator of The Arboretum's Water Conservation Garden and former instructor of the popular basic gardening series Green Side Up, is also a certified arborist, horticulturist, Master Gardener, landscape designer and member of the Board of Directors of the Southern California Horticultural Society.

Steven Mary is a graduate of the Southern California School of Culinary Arts, and has worked as a chef at Bistro 45, Abiento, Parkway Grill, and is currently with the Ritz-Carlton in Pasadena. For the past few years, he has also been an integral part of the Harvest Parties in The Arboretum's Roots & Shoots program where he teaches children how to prepare delicious dishes from food grown in the garden.

*Contributed by Jill Vig
and Gail Shair*



SATURDAY KIDS GARDENING CLUB!

KIDS AGES 5 – 8: BECOME A GARDEN SPROUT

On the first Saturday of each month, from 9:00 - 11:00 am, come to the Roots and Shoots Garden and learn to plant, tend a garden, play nature games and make creative fun garden crafts. Spring quarter starts April 6.

April 6: Planting Veggies!

It's planting day in the vegetable garden

May 4: Yummy Flowers!

Learn to make tasty treats from our
flower friends

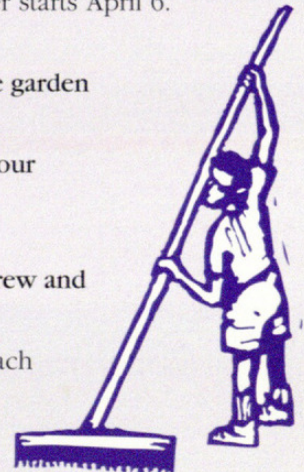
June 1: Harvest Party!

Come and enjoy the food you grew and
the friends that you have made

Members: \$25/quarter or \$10 each

Saturday

Non-members: \$30/quarter,
or \$12 each Saturday



LOS ANGELES ENVIRONMENTAL EDUCATION FAIR

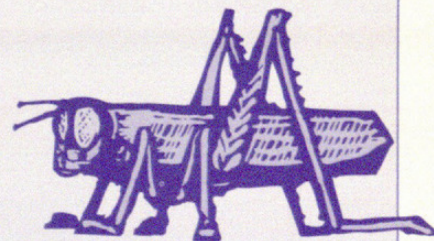
March 9, 9:00 am - 3:00 pm

Come join the fun and learn about the environment and our natural resources. There will be lots of imaginative exhibits, displays, demonstrations, nature games and hands-on activities to teach the importance of conservation and ecology. Free with admission to The Arboretum.

INSECT FAIR

April 12, 13, 14
9:00 am- 4:00 pm

Come see local and exotic insects, spiders and scorpions. There will be special educational displays, books and supplies, bug shirts and toys, along with bug collecting equipment. Free with admission to The Arboretum.





Vig, Jill and Shair, Gail L. 2002. "Gardening and cooking in a mediterranean climate." *News from the Arboretum of Los Angeles County* 2002:Feb.-Apr., 7.

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